

Series Title: It's Complicated | Loneliness

January 12, 2020

Main Idea: Although loneliness is a part of the human experience, we can experience relational flourishing when we turn toward God.

Connecting

What was your first car like?

Do you collect refrigerator magnets? If so, is there a theme to your collection?

Understanding

Read Genesis 1:27. What do you think it means to be created in God's image? How does knowing this change the way you think of yourself, your relationship with God, and with others?

Read Matthew 27:46. What additional insight do you gain from this verse in terms of what Jesus did and experienced on the cross?

Read James 4:8a and Romans 12:5. What do these verses say to you about relational flourishing?

Living

Have you ever been in a season of life when the best you could do was to just show up?

What prevents you from turning toward God and others when you're lonely?

When you're experiencing loneliness, what steps will you take to turn towards God and others?

Read Psalm 13:1-6. In your prayer time, use phrases from these and the preceding verses to thank God that:

- He created us in his image
- We can turn to him in our loneliness
- We can trust in his goodness and unfailing love
- We rejoice in our salvation

Next Week: Vision Sunday