

Main Idea: Planning is not a bad thing; but the attitude behind our planning process can reveal something dark in our souls.

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## Connecting

Share the highs and lows from your week.

What new rhythms have you incorporated into your life during this time?

## Understanding

Read these passages:

James 4:13-17

Hosea 13:3

Proverbs 16:9 and 19:21

What jumps out at you from these verses, and what do you have questions about?

What from the message most stood out to you?

## Living

How would you describe the difference between planning and plans?

Do you hold some of your plans tighter than others?

Are there any practical steps you take to make God-honoring plans and to hold them loosely?

What emotions have you been feeling in these days? To what extent would you say these emotions are tied to something you've lost during these trying times?

Next Week: Joy in Uncertain Times