

If I'm Honest...
My Soul Thirsts (Psalm 42)
June 28, 2020

Read

Read Psalm 42 before you come to group.

Discuss

- Read through Psalm 42 together. As a group, summarize each section of the Psalm according to what Charles taught in his sermon.
- Remembering is an important spiritual practice that we find throughout Scripture, and one that the Psalmist uses in Psalm 42 to try to get himself out of his spiritual slump. What are some of the important stories, or significant moments, from your walk with God that you call back to when God feels distant? When have you experienced God in an unforgettable way?
- It's common for Christ-followers to go through seasons where God feels distant. Share about a time in your life when God felt far away. What was it like? Who or what helped you to persevere through that difficult season?

Pray

Pray Psalm 42 together as a group. If there is anyone in your group who is currently feeling like God is distant, spend time specifically praying for that person.

Next Steps

Spend time this week reflecting and journaling about God's faithfulness in your life. As you look back, how has God shown up in undeniable ways? How has He transformed you? If you are going through a time where you feel far from God, consider writing a letter to God about it. Be honest with Him on where you're at.