



**EAT THIS BOOK**

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## Bible Reading Plan

### January

Date	Day	Reference	Reference
January 01	1	Genesis 1-3	Psalms 1
January 02	2	Genesis 4-7	Psalms 2
January 03	3	Genesis 8-11	Psalms 3
January 04	4	Genesis 12-15	Psalms 4
January 05	5	Genesis 16-18	Psalms 5
January 06	6	Genesis 19-21	Psalms 6
January 07	7	Genesis 22-24	Psalms 7
January 08	8	Genesis 25-26	Psalms 8
January 09	9	Genesis 27-29	Psalms 9
January 10	10	Genesis 30-31	Psalms 10
January 11	11	Genesis 32-34	Psalms 11
January 12	12	Genesis 35-37	Psalms 12
January 13	13	Genesis 38-40	Psalms 13
January 14	14	Genesis 41-42	Psalms 14
January 15	15	Genesis 43-45	Psalms 15
January 16	16	Genesis 46-47	Psalms 16
January 17	17	Genesis 48-50	Psalms 17
January 18	18	Exodus 1-3	Psalms 18
January 19	19	Exodus 4-6	Psalms 19
January 20	20	Exodus 7-9	Psalms 20
January 21	21	Exodus 10-12	Psalms 21
January 22	22	Exodus 13-15	Psalms 22
January 23	23	Exodus 16-18	Psalms 23
January 24	24	Exodus 19-21	Psalms 24
January 25	25	Exodus 22-24	Psalms 25
January 26	26	Exodus 25-27	Psalms 26
January 27	27	Exodus 28-29	Psalms 27
January 28	28	Exodus 30-32	Psalms 28
January 29	29	Exodus 33-34	Psalms 29
January 30	30	Exodus 35-37	Psalms 30
January 31	31	Exodus 38-40	Psalms 31



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## Bible Reading Plan

### February

<b>Date</b>	<b>Day</b>	<b>Reference</b>	<b>Reference</b>
February 01	32	Leviticus 1-4	Psalms 32
February 02	33	Leviticus 5-7	Psalms 33
February 03	34	Leviticus 8-10	Psalms 34
February 04	35	Leviticus 11-13	Psalms 35
February 05	36	Leviticus 14-15	Psalms 36
February 06	37	Leviticus 16-18	Psalms 37
February 07	38	Leviticus 19-20	Psalms 38
February 08	39	Leviticus 21-23	Psalms 39
February 09	40	Leviticus 24-25	Psalms 40
February 10	41	Leviticus 26-27	Psalms 41
February 11	42	Numbers 1-3	Psalms 42
February 12	43	Numbers 4-6	Psalms 43
February 13	44	Numbers 7-8	Psalms 44
February 14	45	Numbers 9-10	Psalms 45
February 15	46	Numbers 11-13	Psalms 46
February 16	47	Numbers 14-16	Psalms 47
February 17	48	Numbers 17-18	Psalms 48
February 18	49	Numbers 19-21	Psalms 49
February 19	50	Numbers 22-24	Psalms 50
February 20	51	Numbers 25-27	Psalms 51
February 21	52	Numbers 28-30	Psalms 52
February 22	53	Numbers 31-32	Psalms 53
February 23	54	Numbers 33-34	Psalms 54
February 24	55	Numbers 35-36	Psalms 55
February 25	56	Deuteronomy 1-2	Psalms 56
February 26	57	Deuteronomy 3-4	Psalms 57
February 27	58	Deuteronomy 5-7	Psalms 58
February 28	59	Deuteronomy 8-10	Psalms 59
February 29	60	Deuteronomy 11-13	Psalms 60



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## Bible Reading Plan

### March

Date	Day	Reference	Reference
March 01	61	Deuteronomy 14-16	Psalms 61
March 02	62	Deuteronomy 17-20	Psalms 62
March 03	63	Deuteronomy 21-23	Psalms 63
March 04	64	Deuteronomy 24-27	Psalms 64
March 05	65	Deuteronomy 28-29	Psalms 65
March 06	66	Deuteronomy 30-31	Psalms 66
March 07	67	Deuteronomy 32-34	Psalms 67
March 08	68	Joshua 1-4	Psalms 68
March 09	69	Joshua 5-8	Psalms 69
March 10	70	Joshua 9-11	Psalms 70
March 11	71	Joshua 12-21 [skim]	Psalms 71
March 12	72	Joshua 22-24	Psalms 72
March 13	73	Judges 1-3	Psalms 73
March 14	74	Judges 4-5	Psalms 74
March 15	75	Judges 6-8	Psalms 75
March 16	76	Judges 9-12	Psalms 76
March 17	77	Judges 13-15	Psalms 77
March 18	78	Judges 16-18	Psalms 78
March 19	79	Judges 19-21	Psalms 79
March 20	80	Ruth	Psalms 80
March 21	81	1 Samuel 1-3	Psalms 81
March 22	82	1 Samuel 4-8	Psalms 82
March 23	83	1 Samuel 9-12	Psalms 83
March 24	84	1 Samuel 13-14	Psalms 84
March 25	85	1 Samuel 15-17	Psalms 85
March 26	86	1 Samuel 18-20	Psalms 86
March 27	87	1 Samuel 21-24	Psalms 87
March 28	88	1 Samuel 25-27	Psalms 88
March 29	89	1 Samuel 28-31	Psalms 89
March 30	90	2 Samuel 1-3	Psalms 90
March 31	91	2 Samuel 4-7	Psalms 91



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## Bible Reading Plan

### April

<b>Date</b>	<b>Day</b>	<b>Reference</b>	<b>Reference</b>
April 01	92	2Samuel 8-12	Psalms 92
April 02	93	2Samuel 13-15	Psalms 93
April 03	94	2Samuel 16-18	Psalms 94
April 04	95	2Samuel 19-21	Psalms 95
April 05	96	2Samuel 22-24	Psalms 96
April 06	97	1Kings 1-3	Psalms 97
April 07	98	1Kings 4-7	Psalms 98
April 08	99	1Kings 8-10	Psalms 99
April 09	100	1Kings 11-13	Psalms 100
April 10	101	1Kings 14-16	Psalms 101
April 11	102	1Kings 17-19	Psalms 102
April 12	103	1Kings 20-22	Psalms 103
April 13	104	2Kings 1-3	Psalms 104
April 14	105	2Kings 4-7	Psalms 105
April 15	106	2Kings 8-11	Psalms 106
April 16	107	2Kings 12-14	Psalms 107
April 17	108	2Kings 15-17	Psalms 108
April 18	109	2Kings 18-19	Psalms 109
April 19	110	2Kings 20-22	Psalms 110
April 20	111	2Kings 23-25	Psalms 111
April 21	112	Ezra 1-3	Psalms 112
April 22	113	Ezra 4-7	Psalms 113
April 23	114	Ezra 8-10	Psalms 114
April 24	115	Nehemiah 1-3	Psalms 115
April 25	116	Nehemiah 4-6	Psalms 116
April 26	117	Nehemiah 7-9	Psalms 117
April 27	118	Nehemiah 10-11	Psalms 118
April 28	119	Nehemiah 12-13	Psalms 119
April 29	120	Esther 1-5	Psalms 120
April 30	121	Esther 6-10	Psalms 121



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## Bible Reading Plan

### May

Date	Day	Reference	Reference
May 01	122	Job 1-4	Psalms 122
May 02	123	Job 5-7	Psalms 123
May 03	124	Job 8-10	Psalms 124
May 04	125	Job 11-13	Psalms 125
May 05	126	Job 14-16	Psalms 126
May 06	127	Job 17-20	Psalms 127
May 07	128	Job 21-23	Psalms 128
May 08	129	Job 24-28	Psalms 129
May 09	130	Job 29-31	Psalms 130
May 10	131	Job 32-34	Psalms 131
May 11	132	Job 35-37	Psalms 132
May 12	133	Job 38-39	Psalms 133
May 13	134	Job 40-42	Psalms 134
May 14	135	Proverbs 1-3	Psalms 135
May 15	136	Proverbs 4-6	Psalms 136
May 16	137	Proverbs 7-9	Psalms 137
May 17	138	Proverbs 10-12	Psalms 138
May 18	139	Proverbs 13-15	Psalms 139
May 19	140	Proverbs 16-18	Psalms 140
May 20	141	Proverbs 19-21	Psalms 141
May 21	142	Proverbs 22-23	Psalms 142
May 22	143	Proverbs 24-26	Psalms 143
May 23	144	Proverbs 27-29	Psalms 144
May 24	145	Proverbs 30-31	Psalms 145
May 25	146	Ecclesiastes 1-4	Psalms 146
May 26	147	Ecclesiastes 5-8	Psalms 147
May 27	148	Ecclesiastes 9-12	Psalms 148
May 28	149	Song of Songs 1-4	Psalms 149
May 29	150	Song of Songs 5-8	Psalms 150
May 30	151	Isaiah 1-4	Psalms 1
May 31	152	Isaiah 5-8	Psalms 2



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## Bible Reading Plan

### June

<b>Date</b>	<b>Day</b>	<b>Reference</b>	<b>Reference</b>
June 01	153	Isaiah 9-12	Psalms 3
June 02	154	Isaiah 13-17	Psalms 4
June 03	155	Isaiah 18-22	Psalms 5
June 04	156	Isaiah 23-27	Psalms 6
June 05	157	Isaiah 28-30	Psalms 7
June 06	158	Isaiah 31-35	Psalms 8
June 07	159	Isaiah 36-41	Psalms 9
June 08	160	Isaiah 42-44	Psalms 10
June 09	161	Isaiah 45-48	Psalms 11
June 10	162	Isaiah 49-53	Psalms 12
June 11	163	Isaiah 54-58	Psalms 13
June 12	164	Isaiah 59-63	Psalms 14
June 13	165	Isaiah 64-66	Psalms 15
June 14	166	Jeremiah 1-3	Psalms 16
June 15	167	Jeremiah 4-6	Psalms 17
June 16	168	Jeremiah 7-9	Psalms 18
June 17	169	Jeremiah 10-13	Psalms 19
June 18	170	Jeremiah 14-17	Psalms 20
June 19	171	Jeremiah 18-22	Psalms 21
June 20	172	Jeremiah 23-25	Psalms 22
June 21	173	Jeremiah 26-29	Psalms 23
June 22	174	Jeremiah 30-32	Psalms 24
June 23	175	Jeremiah 33-36	Psalms 25
June 24	176	Jeremiah 37-39	Psalms 26
June 25	177	Jeremiah 40-44	Psalms 27
June 26	178	Jeremiah 45-48	Psalms 28
June 27	179	Jeremiah 49-50	Psalms 29
June 28	180	Jeremiah 51-52	Psalms 30
June 29	181	Lamentations 1-3:36	Psalms 31
June 30	182	Lamentations 3:37-5	Psalms 32



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## Bible Reading Plan

### July

Date	Day	Reference	Reference
July 01	183	Ezekiel 1-4	Psalms 33
July 02	184	Ezekiel 5-8	Psalms 34
July 03	185	Ezekiel 9-12	Psalms 35
July 04	186	Ezekiel 13-15	Psalms 36
July 05	187	Ezekiel 16-17	Psalms 37
July 06	188	Ezekiel 18-20	Psalms 38
July 07	189	Ezekiel 21-22	Psalms 39
July 08	190	Ezekiel 23-24	Psalms 40
July 09	191	Ezekiel 25-27	Psalms 41
July 10	192	Ezekiel 28-30	Psalms 42
July 11	193	Ezekiel 31-33	Psalms 43
July 12	194	Ezekiel 34-36	Psalms 44
July 13	195	Ezekiel 37-39	Psalms 45
July 14	196	Ezekiel 40-44	Psalms 46
July 15	197	Ezekiel 45-48	Psalms 47
July 16	198	Daniel 1-3	Psalms 48
July 17	199	Daniel 4-6	Psalms 49
July 18	200	Daniel 7-9	Psalms 50
July 19	201	Daniel 10-12	Psalms 51
July 20	202	Hosea 1-5	Psalms 52
July 21	203	Hosea 6-10	Psalms 53
July 22	204	Hosea 11-14	Psalms 54
July 23	205	Joel	Psalms 55
July 24	206	Amos 1-5	Psalms 56
July 25	207	Amos 6-9	Psalms 57
July 26	208	Obadiah-Jonah	Psalms 58
July 27	209	Micah	Psalms 59
July 28	210	Nahum	Psalms 60
July 29	211	Habakkuk	Psalms 61
July 30	212	Zephaniah	Psalms 62
July 31	213	Haggai	Psalms 63



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## Bible Reading Plan

### August

Date	Day	Reference	Reference
August 01	214	Zechariah 1-4	Psalms 64
August 02	215	Zechariah 5-8	Psalms 65
August 03	216	Zechariah 9-14	Psalms 66
August 04	217	Malachi 1-2	Psalms 67
August 05	218	Malachi 3-4	Psalms 68
August 06	219	1Chron. 1-10 (skim)	Psalms 69
August 07	220	1Chronicles 11-14	Psalms 70
August 08	221	1Chronicles 15-17	Psalms 71
August 09	222	1Chronicles 18-21	Psalms 72
August 10	223	1Chronicles 22-24	Psalms 73
August 11	224	1Chronicles 25-28	Psalms 74
August 12	225	2Chronicles 1-4	Psalms 75
August 13	226	2Chronicles 5-8	Psalms 76
August 14	227	2Chronicles 9-12	Psalms 77
August 15	228	2Chronicles 13-17	Psalms 78
August 16	229	2Chronicles 18-20	Psalms 79
August 17	230	2Chronicles 21-24	Psalms 80
August 18	231	2Chronicles 25-27	Psalms 81
August 19	232	2Chronicles 28-31	Psalms 82
August 20	233	2Chronicles 32-34	Psalms 83
August 21	234	2Chronicles 35-36	Psalms 84
August 22	235	Matthew 1-2	Psalms 85
August 23	236	Matthew 3-4	Psalms 86
August 24	237	Matthew 5-6	Psalms 87
August 25	238	Matthew 7-8	Psalms 88
August 26	239	Matthew 9-10	Psalms 89
August 27	240	Matthew 11-12	Psalms 90
August 28	241	Matthew 13-14	Psalms 91
August 29	242	Matthew 15-16	Psalms 92
August 30	243	Matthew 17-18	Psalms 93
August 31	244	Matthew 19-20	Psalms 94





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## Bible Reading Plan

### September

<b>Date</b>	<b>Day</b>	<b>Reference</b>	<b>Reference</b>
September 01	245	Matthew 21-22	Psalms 95
September 02	246	Matthew 23-24	Psalms 96
September 03	247	Matthew 25-26	Psalms 97
September 04	248	Matthew 27-28	Psalms 98
September 05	249	Mark 1-2	Psalms 99
September 06	250	Mark 3-4	Psalms 100
September 07	251	Mark 5-6	Psalms 101
September 08	252	Mark 7-8	Psalms 102
September 09	253	Mark 9-10	Psalms 103
September 10	254	Mark 11-12	Psalms 104
September 11	255	Mark 13-14	Psalms 105
September 12	256	Mark 15-16	Psalms 106
September 13	257	John 1-2	Psalms 107
September 14	258	John 3-4	Psalms 108
September 15	259	John 5-6	Psalms 109
September 16	260	John 7-8	Psalms 110
September 17	261	John 9-10	Psalms 111
September 18	262	John 11-12	Psalms 112
September 19	263	John 13-15	Psalms 113
September 20	264	John 16-18	Psalms 114
September 21	265	John 19-21	Psalms 115
September 22	266	Luke 1	Psalms 116
September 23	267	Luke 2-3	Psalms 117
September 24	268	Luke 4-5	Psalms 118
September 25	269	Luke 6-7	Psalms 119
September 26	270	Luke 8-9	Psalms 120
September 27	271	Luke 10-11	Psalms 121
September 28	272	Luke 12-13	Psalms 122
September 29	273	Luke 14-16	Psalms 123
September 30	274	Luke 17-18	Psalms 124



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## Bible Reading Plan

### October

<b>Date</b>	<b>Day</b>	<b>Reference</b>	<b>Reference</b>
October 01	275	Luke 19-20	Psalms 125
October 02	276	Luke 21-22	Psalms 126
October 03	277	Luke 23-24	Psalms 127
October 04	278	Acts 1-2	Psalms 128
October 05	279	Acts 3-4	Psalms 129
October 06	280	Acts 5	Psalms 130
October 07	281	Acts 6-7	Psalms 131
October 08	282	Acts 8-9	Psalms 132
October 09	283	Acts 10-11	Psalms 133
October 10	284	Acts 12-13	Psalms 134
October 11	285	Acts 14-15	Psalms 135
October 12	286	Acts 16-17	Psalms 136
October 13	287	Acts 18-19	Psalms 137
October 14	288	Acts 20-21	Psalms 138
October 15	289	Acts 22-23	Psalms 139
October 16	290	Acts 24-26	Psalms 140
October 17	291	Acts 27-28	Psalms 141
October 18	292	Romans 1-2	Psalms 142
October 19	293	Romans 3-4	Psalms 143
October 20	294	Romans 5-6	Psalms 144
October 21	295	Romans 7-8	Psalms 145
October 22	296	Romans 9-10	Psalms 146
October 23	297	Romans 11-12	Psalms 147
October 24	298	Romans 13-14	Psalms 148
October 25	299	Romans 15-16	Psalms 149
October 26	300	1 Corinthians 1-2	Psalms 150
October 27	301	1 Corinthians 3-4	Psalms 1
October 28	302	1 Corinthians 5-6	Psalms 2
October 29	303	1 Corinthians 7-8	Psalms 3
October 30	304	1 Corinthians 9-10	Psalms 4
October 31	305	1 Corinthians 11-12	Psalms 5



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## Bible Reading Plan

### November

<b>Date</b>	<b>Day</b>	<b>Reference</b>	<b>Reference</b>
November 01	306	1Corinthians 13-14	Psalms 6
November 02	307	1Corinthians 15-16	Psalms 7
November 03	308	2Corinthians 1-2	Psalms 8
November 04	309	2Corinthians 3-4	Psalms 9
November 05	310	2Corinthians 5-6	Psalms 10
November 06	311	2Corinthians 7-8	Psalms 11
November 07	312	2Corinthians 9-10	Psalms 12
November 08	313	2Corinthians 11-13	Psalms 13
November 09	314	Galatians 1-2	Psalms 14
November 10	315	Galatians 3-4	Psalms 15
November 11	316	Galatians 5-6	Psalms 16
November 12	317	Ephesians 1-2	Psalms 17
November 13	318	Ephesians 3-4	Psalms 18
November 14	319	Ephesians 5-6	Psalms 19
November 15	320	Philippians 1-2	Psalms 20
November 16	321	Philippians 3-4	Psalms 21
November 17	322	Colossians 1-2	Psalms 22
November 18	323	Colossians 3-4	Psalms 23
November 19	324	1Thessalonians 1-2	Psalms 24
November 20	325	1Thessalonians 3-4	Psalms 25
November 21	326	1Thessalonians 5	Psalms 26
November 22	327	2Thessalonians	Psalms 27
November 23	328	1Timothy 1-2	Psalms 28
November 24	329	1Timothy 3-4	Psalms 29
November 25	330	1Timothy 5-6	Psalms 30
November 26	331	2Timothy 1-2	Psalms 31
November 27	332	2Timothy 3-4	Psalms 32
November 28	333	Titus 1-2	Psalms 33
November 29	334	Titus 3, Philemon	Psalms 34
November 30	335	Hebrews 1-2	Psalms 35



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## Bible Reading Plan

### December

Date	Day	Reference	Reference
December 01	336	Hebrews 3-4	Psalms 36
December 02	337	Hebrews 5-6	Psalms 37
December 03	338	Hebrews 7-8	Psalms 38
December 04	339	Hebrews 9-10	Psalms 39
December 05	340	Hebrews 11-12	Psalms 40
December 06	341	Hebrews 13, James 1	Psalms 41
December 07	342	James 2-3	Psalms 42
December 08	343	James 4-5	Psalms 43
December 09	344	1 Peter 1-2	Psalms 44
December 10	345	1 Peter 3-5	Psalms 45
December 11	346	2 Peter	Psalms 46
December 12	347	1 John 1-2	Psalms 47
December 13	348	1 John 3-4	Psalms 48
December 14	349	1 John 5, 2-3 John	Psalms 49
December 15	350	Jude	Psalms 50
December 16	351	Revelation 1-3	Psalms 51
December 17	352	Revelation 4-6	Psalms 52
December 18	353	Revelation 7-9	Psalms 53
December 19	354	Revelation 10-11	Psalms 54
December 20	355	Revelation 12-13	Psalms 55
December 21	356	Revelation 14-16	Psalms 56
December 22	357	Revelation 17-18	Psalms 57
December 23	358	Revelation 19-20	Psalms 58
December 24	359	Revelation 21-22	Psalms 59