

Beyond Measure/Be Encouraged

Main Idea: We are richer than we can possibly imagine.

Connecting

Have you ever been the recipient and/or planner of a surprise party? Tell about it!

Understanding

Read Ephesians 1:1-14. What specifically is Paul reminding the Ephesians about? What effect do you think Paul was hoping this would have on them?

From this passage, what are the spiritual blessings in Christ?

Slowly read Ephesians 1:15-23. Paul desires that the Ephesians know God better (v. 17). What do you think "knowing God better" looks like? How would the Ephesians get to know Him better?

Paul is writing this letter to encourage his friends who are discouraged (Ephesians 6:21-22). Looking back over verses 1-23, in what ways do you think this passage encouraged them?

Living

What helps you praise and worship God? When/how do you do that best?

Who in your life needs encouraging this week? In light of what Paul did, what can you do?

Which of the things that Paul prayed could you use most in your life right now?

How do you think praying like Paul would change you? Your prayer life?

We're being challenged to memorize Ephesians 3:16-21. Do you have any memorization tips (for names, verses, etc.)?

Leaders: Consider reading Eph. 3:16-21 as a group a couple times and try to memorize a verse or two each week. See how far you can get.