

Encourage Our People

January 17, 2021

Reflect + Discuss

- Read the following proverbs: Proverbs 12:18, 12:25, 15:23, 18:20-21, 24:26, 25:11, 25:18, 25:20, 28:23. Which ones resonate with you right now? Why?
- What are some words that have stuck with you over the years? Have any affected the trajectory of your life?
- Share about a time when you received the right word at the right time. How can we give an honest word to others? How can we discern good timing?
- Read Proverbs 18:20-21. How have you been encouraged by encouraging someone else?
- What are some practical ways you can encourage others with your words this week? Who are some "unseen" people you can intentionally make connections with? (mail carriers, cashiers, neighbors, etc.)

Pray

Spend time thanking God for the people in your group/family/roommates, naming why you are grateful for each of them.

Next Steps

- Who close to you has a tough time coming up? Write down in your phone calendar/physical calendar when you should send an "aptly timed" word of encouragement to them.
- Make a phone call or write a note of encouragement this week.
- Memorize Proverbs 12.25 - "Anxiety weighs down the heart; but a kind word cheers it up."