

Galatians: The Letter that Saved the Church, Week 8

March 21, 2021

Reflect + Discuss

- Have you ever tried to grow something? What was the experience like? Did anything make it difficult?
- Read Ephesians 1:13-14 and Galatians 5:22-23. How do we receive the Holy Spirit? Knowing that we have the Spirit within us, how do you feel when you see Christ-followers (including yourself) fail to demonstrate the fruit of the Spirit?
- Read Galatians 5:13-25. What stands out to you from the text? What questions do you have?
- What is your initial reaction to the idea of living at the intersection between the world of the Spirit and the world of the flesh? Can you think of a time when you felt the tension between these two forces in your life?
- What are some of the "rabbits" in your life that eat away at the fruit of the Spirit? How can you get serious about chasing these rabbits out of your spiritual garden? Who do you know who can help you?
- The fruit of the Spirit does not grow passively. How much "gardening" do you currently do in your life? This week, what are some tangible ways you can intentionally work toward being a better gardener in order to cultivate the fruit of the Spirit?

Dig Deeper

- If you want to dig deeper into the role of the Spirit, check out the [LAM series](#) of the "Exploring My Strange Bible" podcast with Tim Mackie - several of the later episodes are focused on the Spirit, including the talk that helped inspire Pastor Chris's sermon.

Pray

Pray that God would give you strength to continually nurture the growth of the fruit of the Spirit in your own life.

Next Steps

Register for the [Galatians Study with Charles Yu](#) weekly webinar.

Reach out to someone you trust and ask them to be your accountability partner. Memorize Galatians 2:20 together, confess areas of sin in your life to one another, and encourage each other as you work on cultivating the fruit of the Spirit in your life.